

# European Restless Legs Syndrome Study Group

Annual Meeting, Friday, 16<sup>th</sup> December 2022  
and Symposium, Saturday, 17<sup>th</sup> December 2022

Auditorium Max-Planck-Institute for Psychiatry, Munich, Germany



## Agenda

### Friday, 16th December 2022

#### Welcome and Introduction

14:00-14:05      *Rosalia Silvestri (EURLSSG President), Italy*

#### Genetic and animal models

Chairs: Juliane Winkelmann and Konrad Oexle, Germany

14:05-14:20      Update on genetic studies for RLS  
*Barbara Schormair, Germany*

14:20-14:35      Update on functional studies of MEIS1 in RLS  
*Volker Kittke, Germany*

14:35-14:50      Animal models of the restless legs syndrome: a systematic review  
*Alessandro Silvani, Italy*

#### Clinical data

Chairs: Federica Provini, Italy and Barbara Schormair, Germany

14:50-15:05      New German Guidelines on RLS - what can we learn?  
*Claudia Trenkwalder, Germany and Anna Heidebreder, Austria*

15:05-15:20      RLS in the German National Cohort – assessment and prevalence  
*Klaus Berger, Germany*

15:20-15:35      Restless legs syndrome: a state of nighttime hyperarousal and  
daytime sleepiness?  
*Sofiene Chenini, France*

15:35-15:50      Relationship of abnormal EEG elements and leg movements in  
patients with epilepsy  
*Samson Khachatryan, Armenia*

15:50-16:05 A meta-analysis of periodic leg movements during sleep associated with antidepressant treatment  
*Raffaele Ferri, Italy*

16:05-16:35 - *Coffee break* -

**Presentation of new data:**

Chairs: Lucia Muntean, Germany and Samson Khachatryan, Armenia

16:35-16:50 RLS during pregnancy and lactation: First data release from the "Life-ON Study"  
*Silvia Riccardi, Switzerland*

16:50-17:05 Intravenous Iron Infusion for children with autism and suspected RLS  
*Maria Paola Mogavero, Italy*

17:05-17:20 Large Muscle Group Movements during Sleep in Healthy People: Normative Values and Correlation to Sleep Features  
*Abubaker Ibrahim, Austria*

**EURLSSG e.V. business meeting** (*EURLSSG members only*)

17:30 – 18:30 **General EURLSSG meeting**  
(Presentation of the database)

19:30 Dinner at the Restaurant (near Location)

**Café Ludwig**, Klopstockstraße 10

**The EURLSSG-Meeting is sponsored by:**

Deutsche Restless Legs Vereinigung, EVER Pharma GmbH



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### Saturday, 17th December 2022

Chairs: Giorgos Sakkas, Greece and Lucia Muntean, Germany

- 09:00-09:30      Should augmentation be renamed dopaminergic medication overuse RLS?  
*Walter Paulus, Germany*
- 09:30-10:15      The manual scoring of leg movements - where 30+ international experts agree, and where not  
*Stephany Fulda, Switzerland*
- 10:15-10:30      Initiation of the short term migrating educational courses on RLS in Eastern European and Caucasian Countries  
*Sofia Kasradze, Georgia and Samson Khachatryan, Armenia*
- 10:30-10:45      German RLS Patient Foundation (RLS e.V.)  
Lilo Habersack Young Researcher Award
- 10:45-11:00      Breaking news "Could targeting the orexin system be a new potential treatment for RLS? A possible role for Dual Orexin Receptor Agonists (DORA)"  
*Diego Garcia-Borreguero, Spain*
- 11:00-11:30      - *Coffee break* -

### Discussion of clinical cases:

Chairs: Birgit Högl, Austria and Claudia Trenkwalder, Germany

- 11:30-11:50      Restless Legs Syndrome clinical spectrum and comorbidities: how to find the crux of the matter  
*Angelica Montini, Italy*
- 11:50-12:10      Case presentation: A familial RLS case on long term opioid therapy  
*David Kemlink, Czech Republic*

- 12:10-12:30 Difficult decisions in a patient with very severe augmentation  
*Lucia Muntean, Germany*
- 12:30-12:40 Some practical suggestions for increased cooperation between scientists and patient-organizations – a follow up from last year.  
*Sören Berg, Sweden*
- 12:40-12:55 From RLS-Patients for RLS-Patients: The Project „Expert Finder“  
*EARLS*
- 12:55-14:00 - *Lunch break* -

**Symposium:**

Chair: Rosalia Silvestri, Italy and Ambra Stefani, Austria

- 14:00-14:45 Update on paediatric RLS including Restless Sleep Disorder  
*Raffaele Ferri, Italy*
- 14:45-15:30 RLS and comorbidities including cardiovascular risk  
*Rosalia Silvestri, Italy, John Winkelman, USA*
- 15:30-16:15 New hypothesis on RLS pathogenesis and potential treatment implications  
*Diego Garcia-Borreguero, Spain*

From 18:00 Networking at Restaurant (near Hotel IBIS)

**VI VADI Cucina Italiana**  
Marsstraße 6  
80335 München

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