

European Restless Legs Syndrome Study Group

Annual Meeting, Friday, 10th December 2021

VIRTUAL MEETING



Agenda

2pm – 5:40pm (CET)

2:00 – 2:10

Welcome and introduction

Rosalia Silvestri (EURLSSG President), Italy

2:10 – 2:55 LMM and leg movements

Chairperson: *Lourdes DelRosso*

2:10 – 2:25

Large muscle group movements in a cohort of healthy sleepers

Abubaker Ibrahim, Austria

2:25 – 2:40

Leg Movement Activity during Sleep in Children Treated with Antidepressants

Raffaele Ferri, Italy

2:40 – 2:55

CSF biomarkers and cerebral glucose metabolism dysregulation in PLMD patients

Claudio Liguori, Italy

2:55 – 3:25 Clinical studies

Chairperson: *Raffaele Ferri*

2:55 – 3:10

Depressive symptoms and suicidal thoughts in restless legs syndrome: Associated factors and effect of treatment

Sofiene Chenini, France

3:10 – 3:25

Patient-driven-European RLS registry EU_RLS_PREG

Joke Jaarsma, The Netherlands / Wolfgang Oertel, Germany

3:25 – 3:40

Handing over of the Lilo Habersack young researcher prize

3:40 – 3:55

Coffee break

3:55 – 4:20 Sleep disturbances in RLS

Chairperson: *Klaus Berger*

3:55 – 4:10 **Sleep in the time of COVID-19: Effect of lockdown in Restless Legs Syndrome, Narcolepsy and Idiopathic Hypersomnia**
Lucie Barateau, France

4:10 – 4:25 **A model of sleep disturbance in chronic fatigue syndrome. Could such a model apply also for RLS?**
Olli Polo, Finland

4:25 – 4:55 RLS in other neurological diseases

Chairperson: *Wolfgang Oertel*

4:25 – 4:40 **Impact of RLS on Health-related Quality of Life in Epilepsy**
Samson Khachatryan, Armenia

4:40 – 4:55 **RLS incidence and impact on sleep quality in a group of relapsing-remittent multiple sclerosis**
Alessia Pascazio, Italy

4:55 – 5:25 Genetics of RLS

Chairperson: *Juliane Winkelmann*

4:55 – 5:10 **Update on functional studies of MEIS1 in RLS**
Volker Kittke, Germany

5:10 – 5:25 **Multi-omics analyses on human brain tissue in RLS**
Philip Harrer & Vanessa Schmoll, Germany

5:25 – 5:40 **The patient perspective on RLS – some burning questions**
Soren C. Berg (EARLS), Sweden

End of the meeting / Coffee break for members

EURLSSG e.V. business meeting (*EURLSSG members only*)

5:50 – 6:20 EURLSSG General meeting