



The European Restless Legs Syndrome Study Group

presents the

2nd European Course on Diagnosis and Management of Restless Legs Syndrome

Saturday, 14th December 2019, 8:30 – 15:30



Auditorium "Pavillon", Klinikum Rechts der Isar, Ismaninger Str. 22, 81675 Munich, Germany

A world-renowned faculty will present the most up-to-date and relevant data on RLS and extensive opportunities will be offered to the audience to interact with these RLS experts

Official language: English

PROGRAMME

Morning Session 8:30-10:15

Chairpersons: Birgit Högl and Roselyne Rjisman

20-minute lectures followed by 10-minute discussions with the audience (except brief overviews)

- 08:30 **Welcome and introduction**
Birgit Högl (EURLSSG President), Innsbruck, Austria
- 08:45 **Diagnosis of RLS, clinical course and comorbidities**
Birgit Högl, Innsbruck, Austria
- 09:15 **Brief overview: RLS pathophysiology and genetics**
Barbara Schormair, Munich, Germany
- 09:30 **Brief overview: Epidemiology of primary and symptomatic / comorbid forms**
Klaus Berger, Muenster, Germany
- 09:45 **RLS severity, diagnostic pathways, and mimics**
Roselyne Rjisman, The Hague, The Netherlands

10:15-10:30 Coffee Break

Chairpersons: Yves Dauvilliers and Klaus Berger

20-minute lectures followed by 10-minute discussions with the audience

- 10:30 **RLS therapeutic approaches:**
- Current guidelines and general introduction to pharmacological treatment options (15 min)**
Yves Dauvilliers, Montpellier, France
- Managing RLS in renal failure, depression, and other comorbidities (15 min)**
Yves Dauvilliers, Montpellier, France

Controversy:

Dopamine agonists should be the first-line treatment for RLS (10 min.)

Mauro Manconi, Lugano, Switzerland

Alpha-2-delta ligands should be the first-line treatment for RLS (10 min.)

Diego Garcia Borreguero, Madrid, Spain

- 11:45 **What is augmentation, and how should it be managed?**
Diego Garcia Borreguero, Madrid, Spain
- 12:15 **Guidelines for iron therapy**
Rosalia Silvestri
- 12:45 **The patient´s perspective**
Daragh Bogan, London, UK

Interactive Lunch Session: An opportunity for participants to discuss difficult cases with experts
13:00-14:00

Afternoon Session
14:00-15:30

Chairpersons: Mauro Manconi and Diego Garcia-Borreguero

- 14:00 **Treatment guidelines in special conditions: pregnancy and children**
Rosalia Silvestri, Messina, Italy
- 14:30 **Interactive case discussions**
Mauro Manconi, Lugano, Switzerland & Diego Garcia-Borreguero, Madrid, Spain
- 15:00 **Q&A session and closing remarks**
Roselyne Rjisman, The Hague, The Netherlands & Mauro Manconi, Lugano, Switzerland
- 15:30 **Close**

Sponsored by:

AoP Orphan (3.500,- €), Habel-Medizintechnik (3.000,- €), UCB Pharma GmbH (1.500,- €)

