

European Restless Legs Syndrome Study Group

Annual Meeting, Friday, 14 December 2018

“Pavillon”, Klinikum Rechts der Isar, Munich, Germany



Agenda

09:00 – 16:00

09:00 – 09:15

Welcome and introduction

*Birgit Högl (EURLSSG President), Innsbruck, Austria and
Juliane Winkelmann (Local Host), Munich, Germany*

Epidemiology

Chairpersons: *Roselyne Rijsman, The Hague, The Netherlands
Klaus Berger, Muenster, Germany*

09:15 – 09:30

The prevalence of RLS in a phlebology clinic and demographics

Kiyana Kseniya, Moscow, Russia

09:30 – 09:45

The prevalence of RLS in Armenia: data from the first multisite door-to-door sleep disorders survey

Samson Khachatryan, Yerevan, Armenia

09:45 – 10:00

The prevalence of RLS among recreational and professional scuba divers

Giorgos Sakkas, Plymouth, UK

10:00 – 10:35

Coffee break

RLS genetics

Chairpersons: *Juliane Winkelmann, Munich, Germany
Richard P Allen, Baltimore, USA*

10:35 – 10:50

Update on the genetics of RLS

Barbara Schormair, Munich, Germany

10:50 – 11:05

Epigenetic studies in RLS

Konrad Oexle, Munich, Germany

11:05 – 11:20

Blood pressure profile and endothelial function in patients with RLS

Sofiene Chenini, Montpellier, France

Animal studies

Chairpersons: *Mauro Manconi, Lugano, Switzerland
Barbara Schormair, Munich, Germany*

11:20 – 11:35

Hypoxia does not elicit signs consistent with RLS in mice
Alessandro Silvani, Bologna, Italy

11:35 – 12:00

Update on functional studies of MEIS1 in RLS
Ana Antic & Volker Kittke, Munich, Germany

12:00 – 12:15

Consensus guidelines on RLS readouts in animal models: a project update
Aaro Salminen, Munich, Germany

12:15– 13:45

Lunch

New research findings in RLS

Chairpersons: *Wolfgang Oertel, Marburg, Germany
Stephany Fulda, Lugano, Switzerland*

13:45 – 14:00

Beyond PLM: Leg movement markers of EEG arousals
Richard P Allen, Baltimore, USA

14:00 – 14:15

New MRI findings in RLS
Ambra Stefani, Innsbruck, Austria

14:15 – 14:30

Searching for novel candidate biomarkers for RLS by proteomic analysis
Raffaele Ferri, Troina, Italy

RLS in specific subpopulations

Chairpersons: *Rosalia Silvestri, Messina, Italy
Diego Garcia-Borreguero, Madrid, Spain*

14:30 – 14:40

RLS care in the pediatric population
Sofia Kasradze, Tbilisi, Georgia

14:40 – 14:50

RLS symptoms and sleep complaints following delivery—a pilot study
Lia Maisuradze, Tbilisi, Georgia

14:50 – 15:30

Coffee break

RLS therapy

Chairpersons: *Federica Provini, Bologna, Italy*
Raffaele Ferri, Troina, Italy

15:30 – 15:45

Selenium in RLS/WED
Jan Ulfberg, Örebro, Sweden

15:45 – 16:00

Update and discussion of the EURLSSG's COST application
Giorgos Sakkas, Plymouth, UK

EURLSSG e.V. business meeting (*EURLSSG members only*)

16:30 – 17:30

General EURLSSG meeting

19:00

Dinner Hofbräuhaus "Wappensaal", 1st floor, Platzl 9, Munich

The EURLSSG-Meeting is sponsored by:

UCB Pharma GmbH, Vifor Pharma Ltd.

