

European Restless Legs Syndrome Study Group

Annual Meeting, 11th December 2015

“Pavillon”, Klinikum Rechts der Isar, Munich, Germany



Agenda

Friday, 11th December 2015

09:00 – 18:45

09:00 – 09:15 **Welcome and introduction**
Juliane Winkelmann (EURLSSG President), Munich, Germany

RLS and Comorbid Conditions

Chairpersons: *Georgios Hadjigeorgiou, Larissa, Greece*
Richard Allen, Baltimore, MD, USA

09:15 – 09:30 **RLS, ICD and its relation with augmentation**
Beatrice Heim, Innsbruck, Austria

09:30 – 09:45 **The relationship between restless legs syndrome, sleep quality, fitness and body fat levels among a sample of adolescents in Cyprus**
Christoforos D. Giannaki, Nicosia, Cyprus

09:45 – 10:00 **RLS in Chronic Fatigue Syndrome**
Olli Polo, Tampere, Finland

10:00 – 10:15 **The non-motor symptoms of RLS**
Imad Ghorayeb, Bordeaux, France

10:15 – 10:30 **The disentanglement of comorbid depression in patients with RLS**
Klaus Berger, Münster, Germany

10:30 – 11:00 **Coffee break**

Other Clinical and Therapeutic Aspects

Chairpersons: *Diego-Garcia Borreguero, Madrid, Spain*
Claudia Trenkwalder, Kassel, Germany

11:00 – 11:15 **RLS among professional truck drivers**
Markku Partinen, Helsinki, Finland

11:15 – 11:30 **A clinical and polysomnographic study defining the phenotype of Restless Legs Syndrome/Willis-Ekbom Disease (RLS/WED)**
Luigi Ferini-Strambi, Milano, Italy

- 11:30 – 11:45 **D3 agonist-induced augmentation in RLS: Are we looking at the wrong receptor subtype?**
Stefan Clemens, Greenville, USA
- 11:45 – 12:00 **Preliminary data on vitamin D deficiency and treatment in a cohort of Sicilian RLS ambulatory patients**
Rosalia Silvestri, Messina, Italy
- 12:00 – 12:15 **Withdrawal symptoms from RLS treatments: for dopamine compared to non-dopamine treatment**
Richard Allen, Baltimore, MD, USA
- 12:15 – 12:30 **Open-label study of the efficacy and safety of intravenous ferric carboxymaltose in pregnant women with restless legs syndrome**
Mauro Manconi, Lugano, Switzerland
- 12:30 – 12:45 **Diabetic females with restless legs syndrome are at a higher risk of stroke**
Zoe Heis, Milwaukee, WI, USA

12:45 – 14:00

Lunch

PLMS

Chairpersons: *Birgit Högl, Innsbruck, Austria*
Luigi Ferini-Strambi, Milano, Italy

- 14:00 – 14:15 **An improved home-based measurement of leg movements during sleep**
Richard Allen, Baltimore, MD, USA
- 14:15 – 14:30 **Prevalence of periodic leg movements during REM sleep in RLS, sleep apnea, parasomnia, insomnia and other sleep disorders**
Christian Veauthier, Berlin, Germany
- 14:30 – 14:45 **Validation of PLM counts obtained with a computerized system built-in a commercially available PSG software**
Ambra Stefani, Innsbruck, Austria
- 14:45 – 15:00 **Role of PLMS in epilepsy**
Samson Khachatryan, Yerevan, Armenia

15:00 – 15:30

Coffee break

Neurobiology

Chairpersons: *Juliane Winkelmann, Munich, Germany*
Imad Ghorayeb, Bordeaux, France

- 15:30 – 15:45 **Molecular mechanism of BTBD9 in dopaminergic neuron and animal model**
Kazuhiro Muramatsu, Gunma, Japan
- 15:45 – 16:00 **Role of peripheral nerve excitability in RLS**
Dirk Czesnik, Göttingen, Germany
- 16:00 – 16:15 **Does vitamin D play a role in Restless Legs Syndrome/Willis Ekbohm Disease?**
Ambra Stefani, Innsbruck, Austria

Report of the PLMS Taskforce Meeting - 2015

Chairperson: *Raffaele Ferri, Troina, Italy*

- 16:15 – 16:30 **New rules for candidate LMs (visual and automatic detection)**
Richard Allen, Baltimore, MD, USA
- 16:30 – 16:45 **Rules for PLMS and PLMW, Periodicity and Time Structure**
Raffaele Ferri, Troina, Italy
- 16:45 – 17:00 **Rules for the association of PLMS to other Events**
Stephany Fulda, Lugano, Switzerland
- 17:00 – 17:15 **Rules for scoring PLMS and PLMW in children**
Marco Zucconi, Milano, Italy

Report of the International RLS Study Group (IRLSSG) and European RLS Study Group (EU-RLSSG)

2015 WORKSHOP

- 17:15 – 17:35 *Wolfgang Oertel, Marburg, Germany*

EURLSSG e.V. Business Meeting (*EURLSSG members only*)

- 17:45 – 18:45 **General Meeting of the EURLSSG**
with Elections of new Executive Committee
- 20:00 **Dinner**
Restaurant “ELLA”, Lenbachhaus Museum, Luisenstrasse 33, 80333 Munich

EURLSSG-Meeting are sponsored by:

F. Hoffmann-La Roche Ltd., Mundipharma Research GmbH & Co KG, UCB, Vifor Pharma Deutschland GmbH



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