

European Restless Legs Syndrome Study Group

12. Annual Meeting, 14th – 15th December 2012

“Pavillon”, Klinikum Rechts der Isar, Munich, Germany



Agenda

Friday, 14th December 2012

08:30 – 18:15

08:30 – 08:45

Welcome and introduction

Juliane Winkelmann (EURLSSG President), Munich, Germany

PLMS

Chairpersons:

Magdolna Hornyak, Munich, Germany

Olli Polo, Tampere, Finland

08:45 – 09:00

Night-to-night variability of PLMS in RLS and PLMD: periodicity index versus PLMS index

Raffaele Ferri, Troina, Italy

09:00 – 09:15

Experimentally induced arousals do not influence PLMS activity in normal subjects

Raffaele Ferri, Troina, Italy

09:15 – 09:30

PLMS and epilepsy

Samson Khachatryan, Yerevan, Armenia

09:30 – 09:45

Distribution and periodicity of leg movements during sleep in children with RLS

Al de Weerd, Zwolle, Netherlands

09:45 – 10:00

PLMD presenting as a parasomnia mimicking REM sleep behaviour disorder

Alex Iranzo, Barcelona, Spain

10:00 – 10:30

Coffee break

Comorbidity

Chairpersons:

Luigi Ferini-Strambi, Milan, Italy

Heike Benes, Schwerin, Germany

10:30 – 10:45

RLS and psychiatric co-morbidity: our centre's experience on prevalence, symptoms and interaction with psychotropic drugs

Rosalia Silvestri, Gazzi, Messina, Italy

10:45 – 11:00

RLS in end-stage renal disease

Yuichi Inoue, Tokyo, Japan

11:00 – 11:15

The incidence of RLS in Parkinson's disease

Lynne Rjisman, The Hague, Netherlands

11:15 – 11:30

Effect of RLS on quality of life in patients with Parkinson's disease

Ari Ylikoski, Espoo, Finland

11:30 – 11:45 **Restless legs, PLMS and RBD in Multiple System Atrophy (MSA) type Parkinson and cerebellar type**
Lucia Muntean, Cluj-Napoca, Romania

11:45 – 12:00 **A case series of patients with Parkinson's disease and RLS**
David Gabelia, Innsbruck, Austria

12:00 – 12:15 **Genetics of RLS - an update**
Juliane Winkelmann, Munich, Germany

12:15 – 12:30 General discussion

12:30 – 14:00 Lunch

Therapy

Chairpersons: *Claudia Trenkwalder, Kassel, Germany*
Georgios Hadjigeorgiou, Larissa, Greece

14:00 – 14:15 **Meta-analysis of dopaminergic and non-dopaminergic treatments in RLS: What works best?**
Magdolna Hornyak, Munich, Germany

14:15 – 14:30 **Augmentation with pregabalin vs. pramipexole**
Richard Allen, Baltimore, MD, USA

14:30 – 14:45 **Intravenous iron sucrose in restless legs syndrome in pregnant women with low serum ferritin – a case report**
David Vadasz, Marburg, Germany

14:45 – 15:00 **Is transcutaneous spinal direct current stimulation efficient in symptomatic treatment of patients with idiopathic restless legs syndrome?**
Anne-Catherine Heide, Göttingen, Germany

15:00 – 15:15 **Effects of a six-month aerobic exercise training in hemodialysis patients with Restless Legs Syndrome: a randomized controlled trial**
Christoforos Giannaki, Nicosia, Cyprus

15:15 – 15:30 **New IRLSSG Guidelines for Long-term Care of RLS-WED**
Diego Garcia-Borreguero, Madrid, Spain

15:30 – 15:45 **m-SIT results in RLS-WED patients with a recent onset: Effects of treatment and progression of disease on the presence of daytime symptoms**
Diego Garcia-Borreguero, Madrid, Spain

15:45 – 16:00 General discussion

16:00 – 16:30 Coffee break

Animal Models

Chairpersons: *Juliane Winkelmann, Munich, Germany*
Richard Allen, Baltimore, MD, USA

16:30 – 16:45 **New insights of animal models for RLS**
Kazuhiro Muramatsu, Marburg, Germany

16:45 – 17:00 **Allele-specific expression of intronic *meis1* variant reporter construct specifies neuroanatomical correlate of RLS**
Derek Spieler and Maria Kaffe, Munich, Germany

17:00 – 17:15 **Iron indicators circadian variation in blood and in CSF in non-human primates**
Imad Ghorayeb, Bordeaux, France

Other Clinical Aspects

Chairpersons: *Marco Zucconi, Milan, Italy*
Karel Sonka, Prague, Czech Republic

- 17:15 – 17:30 **Study of the circulation in the lower extremities in female primary restless legs syndrome patients and healthy controls by using non-invasive and invasive methods**
Jan Ulfberg, Avesta, Sweden
- 17:30 – 17:45 **RLS among 3-6 year-olds living in Georgia – questionnaire study**
Sofia Kasradze and Lia Maisuradze, Tbilisi, Georgia
- 17:45 – 18:00 **Natural history of RLS: retrospective data on a clinical sample**
Marco Zucconi, Milan, Italy
- 18:00 – 18:15 **Clinical severity and sleep disturbance in augmented RLS**
Thomas Mitterling, Innsbruck, Austria

EURLSSG e.V. Business Meeting: (*EURLSSG members only*)

- 18:30 – 19:00 **General Meeting of the EURLSSG**
- 19:30 **Dinner at the restaurant “La Cucina Trattoria”, Neherstraße 9**

EURLSSG-Meeting and Workshop are sponsored by:

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